



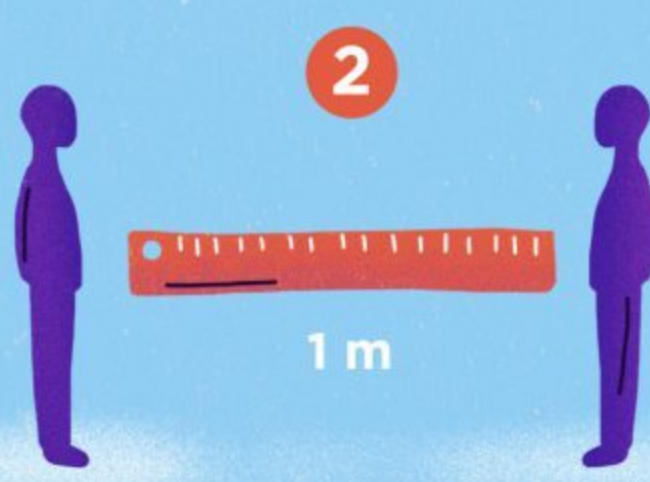
# COVID-19 Facts

Make sure you know the facts about COVID-19 to help stop the spread of the virus.

## 5 SIMPLE STEPS TO STOP THE SPREAD OF COVID-19



Keep clean and wash your hands



Stay at least 1 meter away from others



Avoid touching eyes, nose and mouth



Avoid crowded places



Stay Home

# 20 seconds

is the time it takes to effectively wash your hands



# 14 days

is the time you can have COVID-19 without showing any symptoms

# Few hours to several days

is how long the coronavirus can last on surfaces



# 80%

of people will recover from Covid-19 without receiving any treatment



# 1/6

people with COVID-19 will become seriously ill and develop difficulty breathing



0 cures or medicines are currently available for COVID-19

# We are one billion. We must act as one.

Together, with distance, we will stop the spread.  
#StaySafeAfrica